



### **Supporting students to find the best next step for them**

The four Unifrog Quizzes are Questions regarding your interests, personality, work environment and skills and they will help you discover your career preferences and interests. These will be interpreted and analysed in the context of careers and educational choices, giving you suggestions for career areas, subject choices and apprenticeship and degree routes.

#### Students sign up to the Unifrog Platform:

You should use your college email address. Unifrog has sent all students a link with their password. If students have any queries, please check your emails.

The Quizzes do not take long to complete , you will be able to access your results as soon as you have completed the assessments.

General advice: It is important to be honest in answering the questions. Your answers should be based on your own interests and not what you think you should be answering. Don't dwell too long on any question. The best approach is to answer with the first thing that comes into your head, as this will usually be the most accurate answer. Remember that if your interests change, you can retake the quizzes.

You will likely want to book a career appointment after using Unifrog and completing the quizzes to discuss your ideas.

The National Careers Service website is a good resource for job profiles <https://nationalcareers.service.gov.uk/explore-careers>