

# YOUNG CARER CHARTER



#ScalingNewHeights

Success through Endeavour | Ambition through Challenge | Strength through Diversity



### Who are young carers?

A young carer is someone aged 5 to 18 who helps to look after someone in their family, or a friend, due to:-

- Learning disability
- Mental Health needs
- Physical disability
- Long term or terminal illness
- Substance dependency

(Carers Trust, 2022)

- For all Summit Learning Trust academies to have a culture that understands and respects caring.
- For all Summit Learning Trust Young Carers to have access to the same life opportunities as other children and young people their age.
- For all Summit Learning Trust academies to develop an inclusive and comprehensive core offer for young carers.
- For all Summit Learning Trust Academies to fulfil the criteria required to achieve the Young Carers Award (at Bronze, Silver, Gold) or the Quality Standard Carer Support Award at Post 16.
- For academies who achieve the Young Carers Award or the Quality Standard Carer Support Award enhance their core offer of support and provision, creating networks with Young Carer organisations
- For Summit Learning Trust academies to work in partnership with one another via the Young Carers Steering Group, sharing good practice and links to external providers.
- For Summit Learning Trust to establish a Young Carers Network co-lead by our children and young people.

## Our Vision

### All of our Summit Learning Trust academies will have a:

- Named lead for young carers.
- Named Governor who oversees the support and provision for young carers.
- Phase appropriate system in place to sensitively identify young carers in their academy.
- Phase appropriate approach which actively promotes ways for individuals and their families to identify as young carers.
- Section on their admissions form for parents and carers and learners to share young carer information
- Detailed action plan outlining the steps being taken (informed by the Young Carers Award criteria) to enhance their support, provision, and opportunities for their young carers.
- Webpage on their academy website designated to young carer support and external services.
- Noticeboard or an electronic screen informing and signposting learners to academy based and external support.
- Support network that empowers young carers to have a voice, to access support and which provides young carers with time out to focus on themselves.
- Directory of services and organisations that they can signpost and refer learners and/or their parents and carers to.



## **All of our Young Carer Leads will:**

- Be their academy-based point of contact for their young carers and the services and organisations supporting them and their families.
- Signpost and refer young carers and/or their families to local services and organisations as and when required.
- Liaise with the relevant academy based and external agencies when contributing to the team around the child and family plans which relate to the role of the young carer.
- Deliver a termly briefing to their colleagues relating to young carers.
- Deliver a young carers assembly each September to all primary and secondary year groups which will be followed up on Young Carers Action Day (March) and via accompanying discussion points throughout the academic year i.e., tutor time, RHE sessions, and via the curriculum.
- Liaise with achievement and pastoral leads to monitor the progress, attendance, and behaviour of their young carers.
- Maintain accurate young carer records on Arbor so that learners are appropriately identified.
- Advise all teachers about reasonable and supportive adjustments that may be required in support of the young carers in their classes.
- Help to organise a range of enrichment opportunities for young carers to access and signpost to the enrichment programme post 16.
- Be their academy-based champion in advocating and collating the required evidence in support of gaining the Young Carers Award and the Quality Standard Carer Support Award.
- Be a dedicated member of the Summit Learning Trust Steering Group for Young Carers.

## **Every Young Carer at Summit Learning Trust will have:**

- Access to all of the Summit Learning Trust Basecamp provisions and support.
- Help in recognising and reaching their full potential.
- Support in being able to attend and access school or college life.
- Key adults who will liaise with their families to ensure collaborative home to academy partnerships are established.
- Help in planning for and accessing their next stage in education, training or employment.
- Support in planning their lives outside of caring.
- The opportunity to meet with the academy's Young Carer Lead on a regular and needs based basis.
- Services and organisations signposted to them along with referrals made on their behalf with parent and carer consent.
- The opportunity to regularly meet with other young carers.
- Appropriate reasonable and supportive adjustments made where needed in recognition of the important role they have within their family as a young carer.
- The skills they are developing as young carers recognised, praised, and respected.
- Access to additional enrichment opportunities throughout each academic year.
- The opportunity to offer peer role model support to younger peers considering the next phase of education and personal development.

# YOUNG CARER CHARTER



## CONTACT US

Summit Learning Trust, Hartfield Crescent, Acocks Green, B27 7QG

Phone: 0121 624 9010 | Email: [enquiry@summitlearningtrust.org.uk](mailto:enquiry@summitlearningtrust.org.uk)

Website: [www.summitlearningtrust.org.uk](http://www.summitlearningtrust.org.uk)

